

Help out of ...The Hole of No Hope, pt 5**Author:** Tom L. Sooter

- I. Bitterness, if not diagnosed, will always spread to thoughts of hurting yourself and S_____, which is the FIFTH characteristic of the Hole of No Hope.
- II. What are some temporary attempts to cover up the painful and seemingly unfixable and unfair hurts of life:
- A. D_____ C. P_____ E. L_____
- B. A_____ D. S_____
- III. Unfixable and unfair hurts always drive people to the two by-products of bitterness, which are: A_____ and D_____.
- IV. Suicide follows a three-fold path:
- A. M_____ Suicide always follows a painful experience; wherein we have a painful unresolved clash with someone.
- B. E_____ Suicide is allowing wrong thoughts to breed wrong F_____.
- C. P_____ Suicide, or divorce in marriage, occurs when a person cannot E_____ the pain of an unresolved emotional hurt.
- V. (Answered from IV.A) If our mental assessment is not accurate, then we pull away from the P_____ experience or person.
- VI. Jonah's bitterness certainly did not consider, who were so small, that they did not K_____ their left hand from their right.
- VII. Ecclesiastes 7:17, "Be not over much wicked, neither be thou foolish: why shouldest thou D_____ before thy time?"
- VIII. List the 5 characteristics of being placed into the Hole of No Hope
- A. Asking "W_____?"
- B. Saying, "It's not F_____."
- C. C_____
- D. B_____
- E. S_____
- IX. Everyone is living in two sets of worlds at the same time:
- A. V_____ (Public World)
- B. I_____ (Private or Spiritual World)