

Chapter 6: "Confession Brings Freedom"*

Remorse vs. repentance (See 2 Corinthians 7:9-11). (118-119)

"Worldly Sorrow"

"Godly Sorrow"

Sad you were _____ doing wrong.	Sad because you have offended _____.
Sad because you must suffer _____.	Sincerely regretting you did morally wrong whether or not you suffer consequences.
Because thinking doesn't change, the sinner's grief / bad feelings eventually wear off and he will _____ to his behavior with the goal of not getting caught again.	Involves a _____ of _____ — possible when you see sin as an offense against God. (2 Chron 6:37-39). Not always accompanied by intense _____; implies a change of thinking which should lead to a change in behavior.

Token statements that are **not** confession: (126)

- "I'm sorry if I hurt you."
- "Let's just forget the past."
- "I suppose I could have done a better job."
- "I guess it's not all your fault."
- "I'm sorry you took it that way."

The Seven A's of Confession. (126-133)

1. _____ everyone involved.
2. _____ "if" "but" and "maybe."
3. _____ specifically. (Luke 15:21)
4. _____ the hurt.
5. _____ the consequences. (Luke 15:19; 19:18)
6. _____ your behavior.
7. _____ for forgiveness (and _____ time).

Why confess?

* Sande, Ken. *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*. 3rd ed. Grand Rapids, MI: Baker Books, 2004.